

09:52 AM



LET US HEAL TOGETHER



log in



Username or Email

Password

[Forgot your password?](#)

Remember Me

LOG IN

Or Sign Up Using

SIGN UP

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create new account

passwords must be at least 8 characters, contain both upper and lowercase letters, and at least one number

[Security Policies](#) > [Terms of Service](#) > [Languages](#) > ALOE© 2022

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create new account

a one-time use 5 digit code has been sent to the email provided, please do not share this with anyone

please enter the code into the box below:

next

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email verified!



next

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create new account

username

don't use your real name or any other identifying information (location, phone number, etc.). please do not use hateful or disrespectful language (swears, slurs, etc.)

pronouns (select up to 3)

select pronouns ▼

profile picture (optional)

don't use your face or any other identifying image, image must follow terms of service (no nudity, gore, hateful imagery, etc.). you can return to this later in settings



next

create new account

don't use your real name or any other identifying information (location, phone number, etc.). please do not use hateful or disrespectful language (swears, slurs, etc.)

pronouns (select up to 3)

select pronouns ▼

- he/him
- she/her
- they/them
- xe/xem
- ze/zem
- it/its
- any pronouns
- ask user

identifying image, image
 nudity, gore, hateful
 this later in settings

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create new account

don't use your real name or any other identifying information (location, phone number, etc.). please do not use hateful or disrespectful language (swears, slurs, etc.)

pronouns (select up to 3)

 ▼

profile picture (optional)

don't use your face or any other identifying image, image must follow terms of service (no nudity, gore, hateful imagery, etc.). you can return to this later in settings



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create new account

X	X	X	
X	X	X	
X	X	X	
X	X	X	
X	X	X	

next

create new account

username

don't use your real name or any other identifying information (location, phone number, etc.). please do not use hateful or disrespectful language (swears, slurs, etc.)

pronouns (select up to 3)

she/her ▼

profile picture (optional)

don't use your face or any other identifying image, image must follow terms of service (no nudity, gore, hateful imagery, etc.). you can return to this later in settings



next

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create new account

birthday (MM/DD/YYYY)

timezone

 ▼

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create new account

birthday (MM/DD/YYYY)

timezone

select timezone ▼

- UTC -10 HST
- UTC -9 AKST
- UTC -8 PST
- UTC -7 MST
- UTC -6 CST
- UTC -5 EST

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create new account

birthday (MM/DD/YYYY)

timezone

 ▼

next

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create new account

specialize your experience!
enter up to three topics you would
like to focus on during your time
with us

focus one

select focus topic ▼

focus two

select focus topic ▼

focus three

select focus topic ▼

finish

create new account

specialize your experience!
enter up to three topics you would
like to focus on during your time
with us

focus one

select focus topic ▼

fo

- family issues
- academic burn-ou
- general disconten
- loneliness

focus three

select focus topic ▼

finish

09:52 AM



create new account

specialize your experience!
enter up to three topics you would
like to focus on during your time
with us

focus one

 ▼

focus two

 ▼

focus three

 ▼

finish

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account complete!

your account has been created!

head to the homepage to start your
journey or to settings to change
your profile

homepage

settings



Welcome, placeholderusername!

chatrooms



music



exercises



artistic prompts



resources



settings











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< All Notifications

Mark All As Read

-  New Login Location Detected. Check Account Security Jun 10
-  New Guided Exercise: Mood Playlist Jun 10
-  Your Friend Sent You A Message Jun 9
-  Your Friend Sent You A Message Jun 9
-  Your Friend Sent You A Message Jun 9
-  New Guided Exercise: Art Diary June 2
-  Your Friend Sent You A Message May 29
-  Your Friend Sent You A Message May 29

View Older Notifications



Playlists

staff picks

[see all](#)



Your Power

Billie Eilish

17 Nov, 2022 • 4min 6sec



Bygone

Lexie Liu

10 Nov, 2022 • 2min 55sec



choose your mood

[see all](#)



Where's My Love

SYML

12 Nov, 2022 • 4min 1sec



banana pancakes

Jack Johnson

10 Nov, 2022 • 4min 41sec



your playlists

[see all](#)



Calm Down

Rema

17 Nov, 2022 • 3min 40sec



Hat Trick

Lexi Liu

2 Nov, 2022 • 2min 58sec





Playlists

staff picks

[see all](#)



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2 Nov, 2022 • 2min 58sec



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Messages



Search

Monitored group chats



Family Issues



Anxiety in School



Mission Impossible:
Dating



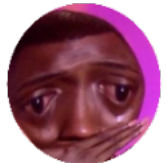
Message requests

4 Message Requests!



Brandon @mufasa_king · 5s

So, what's your favorite Marvel Movie? Or are you more into DC?? I haven't had time to...



CallmeTJ @callmehtj1_ · 19m

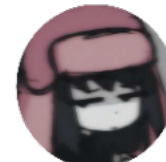
LOL, your tew muchhhh



Wendy @art_is_peace77 · 1h

Wendy is typing...

2



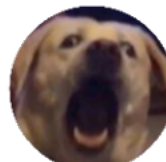
EmilyBeth @embeth · 1d

I usually play GTA or anything Nintendo. You?



SeaDog @canadaboyGG · 3d

omgg you're so weird. Get off my phone XD



Woof7 @catlover_dog · 1w

thanks man :)

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mufasa_king



Today 9:50 AM



yah know, things like movies really help with, like, escaping reality in a way..

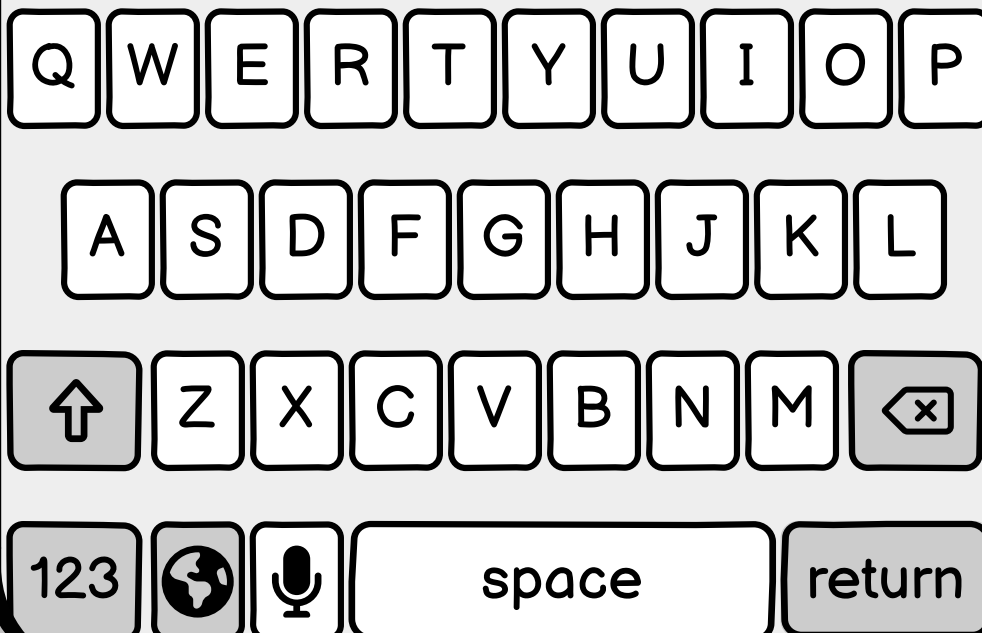
It really does

Marvel specifically. Its been a crutch



So, what's your favorite Marvel Movie?
Or are you more into DC?? I haven't had time to see any besides Batman lol

Message...



09:52 AM



Anxiety in School



MONITORED CHAT

This chat is 24/7 monitored by licensed professionals and hosts will have authority over who and what is tolerated in chat. This is a safe space, and WILL remain confidential and judgement free.

Dr. Jen Wu (Monitor)



As we discussed last week, there are different types of struggles teens your age may be dealing with. Why don't we each choose a struggle you can relate to and share how its impacted you. The floor is open :)

silverserene09



Hey guys! So, basically one struggle I continue to struggle with now is social anxiety. No one at home understand it, they just think I'm shy, but in reality, it's been such a huge hurdle in my life. :(

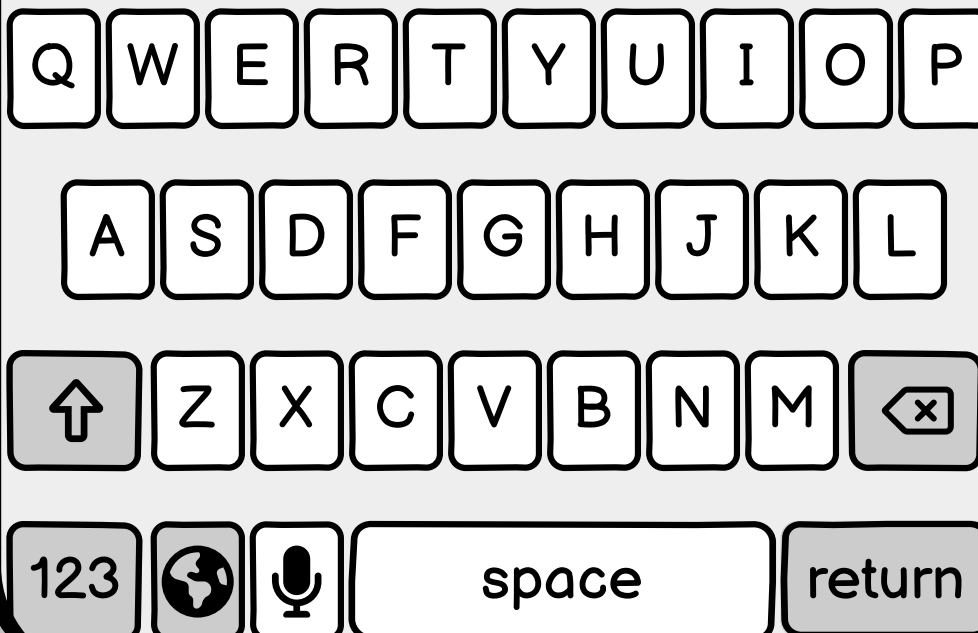
mark_dragonslayer



Wow, yeah serene, I totally relate to that. Hence why I'm here lol. But yeah, I feel like I'm always being watched, when I know deep down I'm not. It's like, even if I was in an empty room, I still feel self concious... it sucks tbh

I thought I was the only one who felt this way.. that's exactly my situation too

Message...



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Settings



[Become A Member Today!](#)

Account

Update Profile >

Notifications Preferences >

Customize Themes >

Safety & Security

Account Safety >

Blocked Users >

Censor Content >

Log Out

Delete Account



Notifications Preferences



Become A Member Today!

PUSH NOTIFICATIONS

Messages

From friends



Account Activity

Changes made to your account



Product Announcements

Feature updates and more



Recommendations

New guided exercises alert



TEXT MESSAGE NOTIFICATIONS

Messages

From friends



Account Activity

Changes made to your account



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Premium Membership



Set up a new payment method

You must be a legal adult to access our premium services. By pressing continue, you verify that you are at least 18 years of age. If you are under the age of 18, please refrain from making any payments. Thank you for choosing Aloe.

Continue >